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## Quote

### One who chants and death



There is no death for one who chants, there is only union with the 'Name'.

- His Holiness Bhaktaraj Maharaj

### Implied meaning:

When a seeker goes on chanting, he unites with the 'Name' i.e., becomes one with it. Thus, the duality between the 'Name' and one who chants it is erased. Even death surrenders itself to the Name; It (the 'Name') destroys the curse of unhappiness.

## Spiritual Fact

The funeral of a Saint is very different from a spiritually average person's funeral. In the case of the funeral of a Saint the environment is charged with Divine Consciousness (*Chaitanya*); whereas in the case of an [average person's funeral](#) the environment is laden with *raja-tama* and negative energies. Hence one feels heaviness, dullness, headache, etc. after attending an average person's funeral.

## Her Holiness Pethe Aji renounces Her body



Her Holiness Pethe Aji

Her Holiness Shakuntala Narhar Pethe (fondly known as Pethe Aji by seekers), passed away on 8 May 2008. She was 79 years old. 'Aji' in Marathi language means grandmother. Her Holiness Pethe Aji attained [Sainthood](#) doing spiritual practice under the guidance of the SSRF. She renounced Her mortal body in the presence of [His Holiness Dr. Athavale](#). A seeker present at the time of Her passing saw through her sixth sense vision a ball of yellow light leaving from Her head region.

What is unique about Her Holiness Pethe Aji is that She was able to attain Sainthood inspite of starting spiritual practice in Her 67th year. Over the past 13 years She has done various activities for the spread of Spirituality. At first She did satseva such as putting up bookstalls. In 2000 She devoted Herself fulltime to spiritual practice. Then She offered Her services in the kitchen in SSRF's Panvel *aashram* (hermitage). Between 2003 to 2005 She toured all the districts of Maharashtra, a state in India as per the guidance of His Holiness Dr. Athavale to guide seekers about spiritual practice. Continuing Her spiritual practice with the single minded focus of serving Her [Guru](#) She attained Sainthood in April 2007. After attaining Sainthood she carried out healing sessions on seekers who were affected by ghosts.

"Her Holiness Pethe Aji bestowed Divine Consciousness (*Chaitanya*) on seekers by Her mere presence. She alleviated the distress of seekers affected by negative energies. She set a record and an example for all seekers on how to achieve rapid spiritual progress." - His Holiness Dr. Athavale

## Her Holiness Pethe Aji's remarkable graph of spiritual progress and Her future progress

(These readings have been given by His Holiness Dr. Athavale Himself.)

- Her Holiness Pethe Aji was at 70% spiritual level in April 2007
- On Her birthday, i.e. on 14th February 2008 Her spiritual level was 74%
- On 8th May 2008 Her spiritual level was 78%, i.e. Her spiritual level increased by 4% in a little less than 3 months even when She was ill and bedridden. This was solely due to Her extreme obedience in putting His Holiness Dr. Athavale's day to day guidance immediately into practice.
- After giving up Her mortal body She attained [Tapaloka](#). She will be there for about 10-12 years and will then move on to [Satyaloka](#) and attain Final Liberation (*Moksha*).

From 2007 various objects used or touched by Her Holiness Pethe Aji started emanating fragrance. After She passed away the intensity of the fragrance has increased. The room where She used to stay has become a storehouse of Divine Consciousness (*Chaitanya*). It is presently used by seekers having distress by negative energies as a spiritual remedy. Spiritual healing happens just by sleeping in Her room at night. The potency of the healing achieved by sleeping for a night in Her room is equivalent to 3 hours of concentrated chanting. During Her funeral too, many seekers had the spiritual experience of continuous chanting, thoughtless state and [Bliss](#). Please see the [pictorial tribute to Her Holiness Pethe Aji](#).



### Comments from readers

The web-site is indeed excellent... and doing great selfless service. Your diagrammatic representations are truly out of the world! (in more ways than one!!!)....I am sure plenty of positive research and extreme care has gone into this as there are no loose ends in this site.....all questions are pretty well-answered and with great conviction. God bless the person who thought of this.

- Mr. Ranjit Varma, Mumbai, India

### Tips in spiritual practice

#### How to benefit from Saints?



**Saints**, i.e. people above the 70% spiritual level are people who by Their spiritual practice have evolved spiritually and are able to experience communion with God. As a result They are storehouses of *Chaitanya* (Divine Consciousness) and society benefits at a spiritual level just by Their mere presence.

The following are some of the points you can keep in mind when going to meet Saints:

- Pray that you are able to benefit to the maximum spiritually from Their presence.
- Be respectful in Their presence. This respect needs to be evident from your manner of speaking, body language, etc.
- Don't ask worldly questions, such as 'Will I get a job?','What can I do to get married?'
- It is best to ask Saints questions that pertain to spiritual growth such as,'What should I do next in my spiritual practice?'
- Put Their advice into practice fully and immediately.
- Treat any Holy sacrament given by Them with the utmost reverence.

#### Newsbites



Reference to SSRF Article

**Germany Officials Outraged Over British Vote for Hybrid Human Cloning ...**



### Questions from our readers

**I recently visited the shrine of a Saint in Old Goa, India with a fellow seeker. As soon as we entered the church where the body of the Saint is exposed we started to get a headache and when we were close to the body we both experienced nausea. Why is this? - Lola V, Europe**

**Answer:** The headache and nausea that both of you experienced are gross or tangible manifestations of what you experienced in the **spiritual dimension**. The ability to perceive the spiritual dimension through one's **sixth sense** or ESP comes with **spiritual practice** done either in this birth or past births. People without an active sixth sense would not feel anything different or unusual in the place. This is because they would be able to perceive it only in the gross or tangible dimension. With an active sixth sense what we generally experience at a subtle level in any place is mainly decided by two factors, the type of energy in the place and whether we are affected by **ghosts (negative energy)**. In the case of seekers of God above the 50% **spiritual level** whether the person is affected by negative energy does not matter with regards to correctness of experience through subtle ability.



Scenario Type	Type of energy in the place	Is the person affected by negative energy?	Experience through subtle ability
1	Negative	Yes	Generally feels fine
2		No	Negative experience
3	Positive	Yes	Negative experience
4		No	Positive experience

In your case what you experienced was as per scenario type 2 in the above table. The outside energy was negative while you were not affected by negative energies.

The reason that the energy in the shrine has negative vibrations is because the person buried there is not a **Saint** as per Spiritual Science. This person had written to the then King of Portugal in 1545 requesting him to set up the **Inquisition** in Goa. The Inquisition was actually officially enforced in 1560, only after his death. It was one of the most brutal of its kind and resulted in heinous crimes in order to convert people to his religion. The crimes included physical torture of men, women and children, cutting peoples' eyelids so that they could not shut their eyes and were thus forced to see their loved ones being tortured. Can a person who requests perpetration of an evil like the Inquisition in the name of religion be a Saint? After his death his subtle body was captured by higher level ghosts and his body is now used as a conduit to throw black energy on society and unsuspecting tourists. Due to your subtle ability you were able to pick up the negative vibrations emanating from the exposed body of the so-called 'Saint'. All our readers can take a subtle reading of the picture of the place given above and experience the vibrations emanating from it for themselves.